

## Towpaths open to cyclists

### London Canals

The following schedule shows which lengths of towpath are open to cyclists. Please cycle with great care and courtesy to others, observing the 'Waterways Code for Cyclists'. You must display a valid British Waterways permit on your cycle at all times.

| From                                 | To   | Approx. Distance  | Comments   |
|--------------------------------------|--|-------------------|--|
| <b>Grand Union Canal Main Line</b>   |  |                   |  |
| Stocker's Lock, Rickmansworth        | Cowley Lock, Uxbridge                      | 12.7 kms          | Take extra care – popular with all users.  |
| Uxbridge (The Shovel at Cowley Lock) | Hayes (Bulls Bridge)                       | 7.2 kms           | Cowley Lock is popular at weekends - dismount at the lock and past moored boats.                             |
| Bulls Bridge                         | Norwood Top Lock                           | 3 kms             | Towpath is narrow and restricted - use adjacent road where possible.   |
| Norwood Top Lock                     | Hanwell (Green Lane)                       | 2 kms             | Hanwell Flight of Locks - dismount alongside lock flight.  |
| Green Lane, Hanwell                  | Brentford High Street                      | 4 kms             | Visibility restricted near Brentford - dismount.   |
| <b>Slough Arm</b>                    |  |                   |  |
| Slough (Stoke Road)                  | West Drayton (Cowley Peachey)              | 8 kms             | Surface suitable for cycling. Access restricted at barriers (to prevent motorcycles) and bridges - dismount. |
| <b>Paddington Branch</b>             |  |                   |  |
| Hayes (Bull's Bridge)                | Alperton                                   | 10kms             | Surface is poor in places and can get muddy. Access restricted at and under bridges - dismount.              |
| Alperton                             | Ladbroke Grove (adjacent to Sainsbury's)   | 9 kms             | Surface suitable for cycling.  |
| Great Western Road Little Venice     | Little Venice Paddington Basin             | 2 kms<br>0.85 kms | Cycle with care<br><b>No cycling permitted anywhere around Pool of Little Venice or Paddington Basin</b>     |
| <b>Regent's Canal</b>                |  |                   |  |
| Little Venice                        | Islington Tunnel (West side)               | 6.5 kms           | Take extra care – popular with all users.  |
| Islington (Frog Lane)                | Commercial Road, Limehouse                 | 7 kms             | Take extra care – popular with all users.  |
| <b>Hertford Union Canal</b>          |  |                   |  |
| Grove Road                           | Whitepost Lane (adjacent to Victoria Park) | 2 kms             | Cycle with care.   |
| <b>Limehouse Basin</b>               |  |                   |  |
| Whole way around Limehouse Basin     |  | 0.8km             | <b>No cycling permitted.</b>   |
| <b>Limehouse Cut</b>                 |  |                   |  |
| Limehouse Basin                      | A12 Blackwall Tunnel Northern Approach     |                   | Low headroom under bridges. Cycle with care.   |

## Towpaths open to cyclists

### Rivers Lee & Stort Navigations

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the 'Waterways Code for Cyclists'. You must display a valid British Waterways permit on your cycle at all times.

| From                         | To                  | Approx. Distance | Comments  |
|------------------------------|---------------------|------------------|---|
| <b>Lee Navigation</b>        |                     |                  | <b>At many locations the towpath crosses over main roads – please dismount and take extra care</b>                              |
| Bow Locks                    | Lea Bridge          | 5.6 kms          | Bow Wharf - beware of traffic on towpath. Towpath crosses A11 roundabout - dismount.  |
| Lea Bridge                   | Tottenham Lock      | 3.6 kms          | Lea Bridge - blind corner and low headroom - dismount.  |
| Tottenham Lock               | Enfield Lock        | 9.6 kms          | Angel Road industrial estate - beware of traffic on path.   |
| Enfield Lock                 | Waltham Town Lock   | 2.5 kms          | Hazelmere Bridge - steep bridge, no visibility - dismount.<br>Old English Gentleman - low headroom and blind corner – dismount. |
| Waltham Town Lock            | Carthagen Lock      | 7.3 kms          | Crown pub - towpath busy - dismount.  |
| Carthagen Lock               | Feildes Weir Lock   | 2.8 kms          | Dobbs Weir Road - towpath crosses road - dismount.  |
| Feildes Weir Lock            | Ware Town           | 6.5 kms          | Towpath can be muddy or narrow - take care. Dismount past anglers and pedestrians.  |
| Ware Town                    | Ware Lock           | 1 km             | Take extra care – popular with all users.   |
| Ware Lock                    | Hertford            | 3.3 kms          | Take extra care – popular with all users.   |
| Dicker Mill bridge, Hertford | Barge pub, Hertford | 0.5km            | <b>No cycling permitted.</b>  |
| <b>Stort Navigation</b>      |                     |                  | <b>The towpath can be very muddy and rough. Be prepared to climb over stiles and gates</b>                                      |
| Feildes Weir                 | Roydon Lock         | 2.6 kms          | Take care if muddy. Risk of pot holes and narrow sections.  |
| Roydon Lock                  | Burnt Mill Lock     | 4.3 kms          | <b>No cycling permitted.</b>  |
| Burnt Mill Lock              | Latton Lock         | 1.6 kms          | Beware of pot holes and narrow towpath below Latton Lock.   |
| Latton Lock                  | Harlow Lock         | 1.8 kms          | <b>No cycling permitted.</b>  |
| Harlow Lock                  | Sawbridgeworth Lock | 4.1 kms          | Take care where towpath is narrow.  |
| Sawbridgeworth Lock          | Hallingbury Marina  | 2.3 kms          | Towpath narrows at Kecksey's railway bridge - dismount.   |
| Hallingbury Marina           | Bishop's Stortford  | 5.5 kms          | Dismount when towpath crosses roads.  |

# SOUTHERN REGION



British Waterways  
Marsworth Junction  
Watery Lane  
Near Tring  
Hertfordshire  
HP23 4LZ

## Towpaths open to cyclists

Telephone: 01442 825938

### Grand Union Canal (South) (Cowley Peachey to Stowe Hill)

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a British Waterways permit on your cycle at all times

| From                             | To                            | Approx distance | Comments   |
|----------------------------------|-------------------------------|-----------------|--|
| <b>Grand Union Canal (South)</b> |                               |                 | <b>Visibility is restricted at all low bridges – dismount.</b>   |
| Weedon (Br 22)                   | Blisworth Village             | 10.0 kms        | Natural grass towpath, uneven in places – may be slippery if wet.  |
| <hr/>                            |                               |                 |  |
| <b>Northampton Arm</b>           |                               |                 |  |
| Gayton Junction                  | Cotton End (Northampton)      | 7.5 kms         | Take extra care – narrow grass towpath, slippery when wet.<br><b>No cycling</b> between the A43 road bridge and the end of the arm (0.5 kms) |
| Blisworth Village (Br 51)        | Blisworth Tunnel              | 0.4 kms         | Take extra care – towpath may be muddy.  |
| Blisworth Tunnel                 |                               | 2.8 kms         | Take the road over Blisworth Hill, beware of road traffic.   |
| Blisworth Tunnel                 | Stoke Bruerne (Lock 20)       | 2.2 kms         | Extra caution required – very popular with pedestrians – dismount when busy.   |
| Stoke Bruerne (Lock 20)          | Cosgrove (Lock 21)            | 9.4 kms         | Take extra care – grass towpath may be uneven in places and slippery in wet weather.   |
| <hr/>                            |                               |                 |  |
| <b>Buckingham Arm</b>            |                               |                 |  |
| Cosgrove                         | A5                            | 1.5 kms         | Take extra care – grass towpath may be uneven in places and slippery in wet weather.   |
| Cosgrove (Iron Trunk Aqueduct)   | Willowbridge (Bridge 99)      | 20.6 kms        | <b>No cycling permitted in Milton Keynes</b> – alternative routes via the broadwalk and leisure routes along the canal.                      |
| Willowbridge (Bridge 99)         | Leighton Buzzard (Bridge 144) | 12.5 kms        | Uneven, grass towpath requires extra care in wet weather. Dismount when busy at Soulbury locks – beware of potholes between Br 108 and 109.  |
| Leighton Buzzard (Bridge 114)    | Marsworth                     | 12.7 kms        | Take extra care – grassy towpath – popular with anglers.   |

| From                       | To                    | Approx distance | Comments   |
|----------------------------|-----------------------|-----------------|--|
| <b>Aylesbury Arm</b>       |                       |                 |  |
| Marsworth Junction         | Aylesbury Basin       | 9.7 kms         | Take extra care – muddy in wet weather, usually busy with anglers and walkers. Dismount between Locks 13 and 14. |
| Marsworth<br>(Bridge 131)  | Lock 45               | 1.6 kms         | Take extra care – very busy – popular with walkers and cyclists.   |
| <b>Wendover Arm</b>        |                       |                 |  |
| Bulbourne                  | Tringford             | 1.9 kms         | Take extra care crossing Turnover Bridge at New Mill.  |
| Tringford (dry)            | Buckland Wharf        | 3.5 kms         | <b>No cycling permitted</b> – take alternative route.  |
| Buckland Wharf             | Wendover              | 5.5 kms         | Towpath available for cycling.   |
| Bulbourne                  | Cowroast Lock         | 4.4 kms         | Take extra care – narrow towpath can be muddy in wet weather.  |
| Berkhamsted<br>Lock 50     | Lock 56               | 4.4 kms         | Take extra care – busy stretch, popular with all users.  |
| Cassiobury Park<br>Lock 75 | Lock 76               | 2.0 kms         | Take extra care – very busy – do not speed.  |
| Lot Mead<br>Lock 80        | Springwell<br>Lock 83 | 3.5 kms         | Take extra care – popular with all users.  |
| Uxbridge<br>Lock 88        | Cowley<br>Lock 89     | 2.7 kms         | Take extra care – popular with all users.  |

# Towpaths open to cyclists

## Grand Union Canal

(Stowe Hill to Braunston and *Norton to Foxton*)

## Oxford Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                             | To                     | Approx distance | Comments   |
|----------------------------------|------------------------|-----------------|--|
| <b>Grand Union Canal</b>         |                        |                 |  |
| Braunston Turn                   | Top Lock (Br 5)        | 1.4 kms         | Take extra care - popular with walkers. No cycling by lock chambers  |
| Top Lock (Br 5)                  | Norton Junction        | 5.2 kms         | <b>No cycling permitted</b> - alternative route via lanes  |
| Norton Junction                  | Stowe Hill (Br 26)     | 9.1 kms         | Take extra care - towpath is narrow in places. No cycling by lock chambers..   |
| <b>Grand Union Leicester Arm</b> |                        |                 |  |
| Norton Junction                  | Foxton (Br 61)         | 37.2 kms        | Take extra care - towpath is narrow and uneven in places. Cycling is not permitted alongside Watford and Foxton lock flights |
| <b>Oxford Canal</b>              |                        |                 |  |
| Ansty (Br 13)                    | Brinklow (BR 24)       | 7.9 kms         | Take extra care - towpath surface is uneven near bridge 26.  |
| Brinklow (Br 34)                 | Cathiron (Br 41)       | 2.6 kms         | <b>No cycling permitted</b> -alternative routes via lanes  |
| Cathiron (Br 41)                 | Boughton Road (Br 59)  | 5.5 kms         | Take extra care - narrow towpath. Dismount at Newbold Tunnel..   |
| Boughton Road (Br 59)            | Clifton (Br 69)        | 2.9 km          | <b>No cycling permitted</b> - alternative routes via local roads.  |
| Clifton (Br 69)                  | Hillmorton (Br 74)     | 3.1 kms         | Take extra care - towpath is uneven  |
| Hillmorton (Br 74)               | Braunston (Br 90)      |                 | <b>No cycling permitted</b> - alternative routes via lanes.  |
| Braunston (Br 90)                | Ivy (Br 98)            | 1.5 kms         | Beware of moored boats   |
| Ivy Br 98)                       | Napton Junction        | 6.0 kms         | <b>No cycling permitted</b> - alternatie route via lanes   |
| Napton Junction                  | Top Lock (Br 119)      | 6.8 kms         | Take extra care alongside lock flight, do not speed.   |
| Top Lock (Br 119)                | Fenny Compton (Br 136) |                 | <b>No cycling permitted</b> - alternative route via lanes.   |
| Fenny Compton (Br 136)           | Oxford                 | 61.9 kms        | Take extra care - towpath is uneven in places and may be muddy or even flooded in winter.                                    |



**British  
Waterways**

British Waterways  
The Locks  
Bath Road  
Devizes  
Wiltshire  
SN10 1HB  
Tel: 01380 722859

# Towpaths open to cyclists

## Kennet & Avon Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                         | To                          | Approx distance | Comments   |
|------------------------------|-----------------------------|-----------------|--|
| <b>Kennet and Avon Canal</b> |                             |                 |  |
| Rose Kiln Lane - Reading     | Burghfield Bridge           | 4.2 kms         | Take extra care - towpath is uneven in places.   |
| Tyle Mill                    | Froudes Bridge              | 4.9 kms         | Take extra care - towpath is both narrow and uneven in places.   |
| Woolhampton                  | Midgham                     | 2.3 kms         | Take extra care - towpath is both narrow and uneven in places.   |
| Thatcham                     | Kintbury                    | 15 kms          | Take extra care - towpath is uneven in places  |
| Kintbury                     | Station Road - Hungerford   | 4.9 kms         | Take extra care - towpath is both narrow and uneven, dismount for stiles.                                    |
| Froxfield Bridge             | Prison Bridge - Devizes     | 39 kms          | Take extra care - towpath may be narrow, muddy and uneven in places. Dismount for steps at Savernake Tunnel. |
| Prison Bridge - Devizes      | Marsh Lane Bridge - Devizes | 1.7 kms         | Take extra care down Caen Hill - do not speed.   |
| Marsh Lane - Devizes         | Darlington Wharf - Bath     | 30.4 kms        | Take extra care - towpath narrow in places.  |
| Darlington Wharf - Bath      | Thimble Mill - Bath         | 1.5 kms         | Proceed through lock flight with extreme care. Dismount through Sydney Gardens.                              |
| Thimble Mill - Bath          | Dolphin Inn- Bath           | 3.2 kms         | Take extra care - Low bridges and the towpath may be narrow in places.                                       |

# Towpaths open to cyclists

## Grand Union Canal London to Birmingham

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                                 | To                                | Approx distance | Comments  |
|--------------------------------------|-----------------------------------|-----------------|---|
| Paddington                           | Great West Rd                     | 2 kms           | No cycling permitted.   |
| Ladbroke Grove<br>Sainsbury's        | Alperton                          | 9 kms           | Surface suitable for cycling. Popular with anglers - dismount during matches.   |
| Alperton                             | Bulls Bridge                      | 10 kms          | Surface is poor in places and can get muddy. Access restricted at and under bridges, so dismount.                       |
| Brentford<br>High Street             | Norwood Top<br>Lock               | 6 kms           | Dismount alongside lock chambers at Hanwell Locks.  |
| Norwood Top Lk                       | Bull's Bridge                     | 3 kms           | Towpath is narrow and restricted - use adjacent road where possible.  |
| Bull's Bridge                        | Cowley Locks                      | 7.2 kms         | Cowley lock is popular at weekends - dismount at lock & alongside boats.  |
| Cowley Lock                          | Berkhamsted Cowroast<br>Lock      | 42.9 kms        | Popular with all users, take care - do not speed.   |
| Berkhamsted<br>Cowroast Lock         | Tring/Bulbourne                   | 3.4 kms         | Take extra care - narrow towpath, muddy in wet weather  |
| Marsworth Jnc                        | L'Buzzard (Br 115)                | 10.3 kms        | Grass towpath - take extra care in wet weather. Popular with anglers.   |
| L'Buzzard                            | Willowbridge (Bridge 99)          | 12.5 kms        | Uneven towpath, risk of potholes & overhanging trees. The grassy towpath requires extra care in wet weather.            |
| Willowbridge<br>(Bridge 99)          | Cosgrove<br>(Iron Trunk Aqueduct) | 20.6 kms        | <b>No cycling permitted in Milton Keynes</b> – alternative routes via the broadwalk and leisure routes along the canal. |
| Cosgrove<br>(Iron Trunk<br>Aqueduct) | A508 (Lock 20)                    | 10.4 kms        | Grass towpath may be uneven in places - risk of potholes.   |
| A508 (Lock 21)                       | Stoke Bruerne                     | 0.9 kms         | Extra caution required - popular with walkers. No cycling by Canal Museum and up to Tunnel entrance.                    |
| Blisworth Tunnel                     |                                   | 2.0 kms         | Take the road over Blisworth Hill, beware of traffic.   |
| Blisworth                            | Norton Junction                   | 32.7 kms        | Take extra care - towpath narrow in places and can be muddy.  |
| Norton Jnc                           | Top Lock (Br 5)                   | 5.2 kms         | No cycling permitted - alternative via lanes.   |
| To Lock (Br 5)                       | Braunston Turn                    | 1.4 kms         | Take extra care - popular with walkers.   |
| Braunston Turn                       | Ivy Bridge                        | 1.5 kms         | Beware of moored boats.   |
| Ivy Bridge                           | Napton Junction                   | 6.0 kms         | No cycling permitted - alternative via lanes.   |
| Napton                               | Birmingham                        | 61.6 kms        | No cycling permitted.   |

# MIDLANDS & SOUTH WEST



**British  
Waterways**

British Waterways  
Brome Hall Lane  
Lapworth  
Solihull  
West Midlands  
B94 5RB  
Tel: 01564 784634

British Waterways  
Llanthony Warehouse  
Gloucester Docks  
Gloucester  
GL1 2EJ  
Tel: 01452 318000

## Towpaths open to cyclists

**Grand Union  
Canal**  
*(Camp Hill to Napton)*  
**Worcester  
& Birmingham  
Canal**

**Gloucester  
and  
Sharpness  
Canal**

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| FROM                                  | TO                     | APPROX<br>DIS TANCE | COMMENTS  |
|---------------------------------------|------------------------|---------------------|---|
| <b>Grand Union Canal</b>              |                        |                     |   |
| Birmingham                            | Camp Hill Lock         | 5 kms               | No cycling permitted  |
| Camp Hill Locks (Lock 52)             | Lode Lane (Br. 81)     | 8.9 kms             | Take extra care towpath may be uneven, do not speed   |
| Lode Lane (Br 81)                     | Barston Lane (Br 76)   | 5.3 kms             | No cycling permitted  |
| Barston Lane (Br. 76)                 | Waterfield (Br. 73)    | 1.6 kms             | Take extra care towpath may be uneven, do not speed   |
| Waterfield (Br. 73)                   | Europa Way (Br. 43)    | 23.0 kms            | No cycling permitted  |
| Europa Way (Br. 43)                   | Sydenham (Br. 37)      | 2.4kms              | Take extra care towpath may be uneven, do not speed   |
| Sydenham (Br. 37)                     | Napton Junction        | 14.9 kms            | No cycling permitted  |
| <b>Stratford-on-Avon Canal</b>        |                        |                     |   |
| Stratford                             | Timothy's (Br 64)      | 3.5kms              | No cycling permitted  |
| Timothys (Br. 64)                     | Featherbed Lane (Br59) | 3.6 kms             | Take extra care towpath may be uneven, do not speed.  |
| Featherbed Lane (Br 59)               | Kings Norton           | 33.7kms             | No cycling permitted  |
| <b>Worcester &amp; Birmingham</b>     |                        |                     |   |
| The Commandery, Worcester             | Bilford Road           | 3.2 kms             | Take extra care towpath may be uneven, do not speed.  |
| Bilford Road                          | Kings Norton (Br. 72)  | 35.6 kms            | No cycling permitted  |
| Kings Norton (Br. 72)                 | Birmingham (Br. 87)    | 8 kms               | Take extra care towpath may be uneven, do not speed.  |
| Birmingham (Br. 87)                   | Granville Street       | 1km                 | No cycling permitted  |
| <b>Gloucester and Sharpness Canal</b> |                        |                     |   |
| Sharpness Docks                       | Hempsted Bridge        | 23.5kms             | Extra care required on narrow section between Sellars Bridge and Parkend Bridge which is also popular with anglers. The bank is eroded for about 100 metres between Patch Bridge and Purton Bridge. |

# Towpaths open to cyclists

## Birmingham & Black Country Canals

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From   | To                   | Approx distance | Comments   |
|--|----------------------|-----------------|--|
| <b>Birmingham Main Line Canal</b>              |                      |                 |  |
| Granville St Birmingham                        | Factory Junction     | 14.5 kms        | Slow down and dismount in busy periods in the Brindley Place/Gas Street areas.<br>On the cycleway from St Vincent Street to Factory Junction take care on the unimproved sections as there may be potholes and uneven surfaces.                |
| <hr/>  |                      |                 |  |
| Soho Loop                                      |                      | 3.2 kms         | Take care - do not speed. Heavily used by anglers.   |
| Dudley Port Junction                           | Windmill End         | 2.7 kms         | Dismount through Netherton Tunnel.   |
| <hr/>  |                      |                 |  |
| <b>Birmingham &amp; Fazeley Canal</b>          |                      |                 |  |
| Farmers Bridge Junction                        | Minworth bottom lock | 13.7kms         | Take care, there are many blind corners and bridges with low headroom. Take special care and ride slowly on lock flights especially Farmers Bridge, which is heavily used by pedestrians, joggers<br>In busy periods dismount at lock flights. |
| <hr/>  |                      |                 |  |
| Digbeth Branch (Ashted Locks)                  |                      | 3.2 kms         | Take care on lock flight, several bridges have low headroom. Dismount through Ashted and Curzon on street tunnels  |
| <hr/>  |                      |                 |  |
| <b>Grand Union Canal</b>                       |                      |                 |  |
| Camp Hill Bordesley Junction                   |                      | 1.6 kms.        | Take care and slow down on lock flights, some bridges have low headroom.   |
| <hr/>  |                      |                 |  |
| Saltley  |                      |                 | Take care & slow down on lock flights, some bridges have Low headroom.   |
| <hr/>  |                      |                 |  |
| <b>Birmingham &amp; Warwick Junction Canal</b> |                      |                 |  |
|  |                      | 2.2 kms         | Take care down lock flight uneven towpath in some places.  |
| <hr/>  |                      |                 |  |
| <b>Dudley Canals</b>                           |                      |                 |  |
| Windmill End Junction                          | Delph                | 10.6 kms        | Do not speed as path steepens down lockflight. Extra care must be taken as the stretch is very popular with joggers and walkers.   |
| <hr/>  |                      |                 |  |
| Windmill End Junction                          | Hawne Basin          | 5.0 kms         | Take extra care, uneven towpath surface.   |
| <hr/>  |                      |                 |  |
| <b>Stourbridge Canal</b>                       |                      |                 |  |
| Stourbridge Junction                           | Wordsley Junction    | 2.2 kms         | Do not speed down lock flight. Waterway wall in poor condition in places   |
| <hr/>  |                      |                 |  |
| Stourbridge Arm                                |                      | 2.8 kms         | Extra care required as grass towpath may be rutted.  |
| Delph  | Leys Junction        | 3.2 kms         | Extra care required as grass towpath may be rutted.  |
| <hr/>  |                      |                 |  |
| <b>Tame Valley Canal</b>                       |                      |                 |  |
| Salford Junction                               | Rushall Junction     | 7.8 kms         | Take care on lock flight, it can be busy with anglers & dog walkers. Much towpath has not been improved so can be narrow & rutted in places. Take care in wet weather.   |
| <hr/>  |                      |                 |  |
| Rushall Junction                               | Doe Bank             | 6.2 kms         |  |
| Rushall  | Ocker Hill           |                 | Much of the towpath is uneven and unimproved, take Care in wet weather, beware of anglers and narrow sections Of towpath.  |

| From  | To                 | Approx distance | Comments  |
|---|--------------------|-----------------|---|
| <b>Rushall Canal</b>                              |                    |                 |   |
| Longwood Junction                                 | Rushall Junction   | 8.7 kms         | Take extra care - path narrows in places. Dismount on approaches to locks and under arch bridges. Slow down/ dismount by Anglers.                   |
| <b>Walsall Canal</b>                              |                    |                 |   |
| Ryders Green Junction                             | Birchills Junction | 17.2 kms        | Do not speed - grass path surface may be rutted. Take care down lock flights.   |
| Ryders Green Locks                                | Pudding Lane       |                 | Towpath can be very uneven so take down on care. Slow lock flight and beware of low headroom.   |
| Ridgacre Branch                                   |                    | 2.1 kms         | Poor surface, unfit for cycling.  |
| <b>Wyrley &amp; Essington Canal</b>               |                    |                 |   |
| Horseley Fields Junction                          | Catshill Junction  | 25.6 kms        | Extra care required as the grass towpath may be both slippery if wet and rutted in places. Very popular with anglers and pedestrians. Do not speed. |
| Cannock Extension                                 |                    | 2.4 kms         | Take extra care, some narrow areas, also popular with walkers.  |
| Anglesey Branch                                   |                    | 2.5 kms         | Take extra care - some narrow areas. Also popular with walkers.   |
| <b>Daw End Branch</b>                             |                    |                 |   |
| Catshill Junction                                 | Longwood Junction  | 5.0 kms         | Take extra care - path narrow in places. Dismount on approaches and under arch bridges. Slow down/dismount by anglers.                              |
| <b>Birmingham Main Line (Wolverhampton level)</b> |                    |                 |   |
| Aldersley Junction Lock                           | Wolverhampton Top  |                 | Take care down lock flight. Do not speed.   |
| Factory Junction                                  | Smethwick Junction |                 | Take care on lock flights, path can be uneven and rutted. Take extra care in wet weather.   |
| Bradley Arm                                       |                    |                 | Extra care necessary as grass path may be rutted.   |
| <b>Titford Canal</b>                              |                    |                 |   |
|   |                    |                 | Take care on lock flight. Take extra care as the grass towpath may be rutted, uneven and slippery on lock flight and around pools. Do not speed.    |
| <b>Gower Branch</b>                               |                    |                 |   |
|   |                    |                 | Very slow down lock flight, very low headroom. Recommend dismounting on bridge flight. Grass towpath may be rutted and uneven.                      |

# Towpaths open to cyclists

## Ashby Canal

**Birmingham & Fazeley** (*Minworth to Fazeley*)

**Coventry Canal**

**Oxford Canal** (*Hawkesbury to Bridge 9*)

**Trent & Mersey** (*Colwich to Derwent Mouth*)

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                                  | To                         | Approx distance | Comments   |
|---------------------------------------|----------------------------|-----------------|--|
| <b>Ashby Canal</b>                    |                            |                 |  |
| Marston Junction                      | Bridge 5                   | 3.8 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 5                              | Bridge 6                   | 1.63 kms        | Unsuitable - no towpath                                    |
| Bridge 6                              | Bridge 15                  | 3.8 kms         |  |
| Hinckley (Bridge 15)                  | Bridge 18                  | 2.3 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 18                             | Bridge 19                  | 0.3 kms         |  |
| Bridge 19                             | Bridge 22                  | 2 kms           | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 22                             | Bridge 23                  | 0.6 kms         |  |
| Bridge 23                             | Bridge 24                  | 0.3 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 24                             | Stoke Golding (Bridge 26)  | 0.5 kms         |  |
| Bridge 26                             | Shenton (Bridge 35)        | 7.4 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 35                             | Bridge 46                  | 6.7 kms         |  |
| Bridge 46                             | Congerstone (Bridge 49)    | 1.3 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 49                             | Bridge 50                  | 0.4 kms         |  |
| Bridge 50                             | Bridge 52                  | 0.4 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Shackerstone (Bridge 52)              | Terminus                   | 6.4 kms         |  |
| <b>Birmingham &amp; Fazeley Canal</b> |                            |                 |  |
| Caters Bridge                         | Cottage Lane Bridge        | 0.8 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Cottage Lane Bridge                   | Wigginshill Road Bridge    | 1.2 kms         |  |
| Wigginshill Road Bridge               | Baylis Road                | 1.7 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Baylis Road                           | Drayton Swing Bridge       | 8.5 kms         |  |
| Drayton Swing Bridge                  | Tolsons Footbridge         | 1 km            | Narrow and uneven - take extra care. If in doubt, dismount |
| Tolsons Footbridge                    | Fazeley Junction           | 0.5 kms         |  |
| <b>Coventry Canal</b>                 |                            |                 |  |
| Drapers Field Bridge (Br 1)           | Bridge 5                   | 3.7 kms         |  |
| Bridge 5                              | Bridge 6                   | 1 km            | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 6                              | Bedworth (Bridge 13)       | 6.5 kms         |  |
| Bridge 13                             | Bridge 14                  | 1.1 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 14                             | Marston Bridge (Bridge 15) | 1.6 kms         |  |
| Marston Bridge                        | Bridge 39                  | 13.4 kms        | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 39                             | Bridge 41                  | 0.3 kms         |  |

| From                  | To                      | Approx distance | Comments   |
|-----------------------|-------------------------|-----------------|--|
| Bridge 41             | Polesworth (Bridge 52)  | 4.2 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 52             | Alvecote Bridge (Br 59) | 3.3 kms         |  |
| Bridge 59             | Fazeley (Bridge 76)     | 5.6 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 76             | Sutton Road Bridge      | 1.7 kms         |  |
| Sutton Road Bridge    | Dixons Bridge           | 1.7 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Dixons Bridge         | Hopwas Wood Bridge      | 1.3 kms         |  |
| Hopwas Wood Bridge    | Hademore House Bridge   | 2.9 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Hademore House Bridge | Whittington Brook       | 1.2 kms         |  |
| Whittington Brook     | Bowmans Bridge (Br 82)  | 2.1 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 82             | Bridge 83               | 0.4 kms         |  |
| Bridge 83             | Bearshay Bridge (Br 87) | 2.4 kms         | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 87             | Fradley Junction        | 4.2 kms         |  |

### North Oxford Canal

|                     |          |       |  |
|---------------------|----------|-------|--|
| Hawkesbury Junction | Bridge 9 | 3 kms |  |
|---------------------|----------|-------|--|

### Trent & Mersey Canal

|                           |                                   |          |  |
|---------------------------|-----------------------------------|----------|--|
| Derwent Mouth             | Weston upon Trent (Br 11)         | 8.3kms   |  |
| Bridge 11                 | Bridge 13                         | 2.2 kms  | <b>No cycling permitted</b> - towpath unsuitable           |
| Cuttle Bridge (Bridge 13) | Swarkestone (Bridge 14)           | 0.2 kms  | Part of Derby to Melbourne cycle route                     |
| Bridge 14                 | Bridge 16                         | 2 kms    | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 16                 | Egginton (Bridge 26)              | 9.9 kms  |  |
| Bridge 26                 | Bridge 30                         | 2.3 kms  | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 30                 | Barton-under-Needwood (Bridge 38) | 10 kms   |  |
| Bridge 38                 | Alrewas (Bridge 46)               | 4.5 kms  | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 46                 | Handsacre (Bridge 59)             | 11.2 kms |  |
| Bridge 59                 | Armitage (Bridge 60)              | 0.8 kms  | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 60                 | Rugeley (Bridge 65)               | 3.7 kms  |  |
| Bridge 65                 | Bridge 66                         | 0.7 kms  | Narrow and uneven - take extra care. If in doubt, dismount |
| Bridge 66                 | Colwich Lock                      | 5.9 kms  |  |



British Waterways  
Norbury Junction  
Stafford  
Staffs  
ST20 0PN  
Tel: 01785 284253

# Towpaths open to cyclists

## Shropshire Union Canal *(Audlem to Atherley)*

### Staffs & Worcs Canal

## Trent & Mersey Canal *(Trentham to Colwich)*

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From  | To                       | Approx distance | Comments  |
|---|--------------------------|-----------------|---|
| <b>Shropshire Union Canal</b>                   |                          |                 |   |
| Atherley B1                                     | Audlem B79               | 54.0 kms        | Generally good quality towpath, but take extra care through Turley cutting. |
| <b>Staffordshire &amp; Worcestershire Canal</b> |                          |                 |   |
| Gt Haywood                                      | Gailey                   | 20.5 kms        | Good quality towpath but narrow in places                                   |
| Gailey  | Atherley Junction        | 11.8kms         | Good quality towpath with natural surface                                   |
| Atherley Junction                               | Dimmingsdale (Br 53)     | 9.0 kms         | Good quality path, popular with pedestrians - do not speed.                 |
| Dimmingsdale (Br 53)                            | Greensforge (Br 37)      | 8.9 kms         | Good quality towpath  |
| Greensforge (Br 37)                             | Stewponney (Br 32)       | 5.0 kms         | Take extra care - popular with other users                                  |
| Stewponney (Br 32)                              | Stourport York St (Br 4) | 19.4 kms        | Towpath narrow and poor in places   |
| <b>Trent &amp; Mersey Canal</b>                 |                          |                 |   |
| Trentham Lock                                   | Colwich Lock             | 25.0 kms        | Extra care necessary, towpath is very narrow.                               |



# NORTH WEST



Red Bull Wharf  
Congleton Road South  
Church Lawton  
Stoke on Trent  
ST7 3AP  
Tel: 01782 785703

## Towpaths open to cyclists

[enquiries.p&p@britishwaterways.co.uk](mailto:enquiries.p&p@britishwaterways.co.uk)

### Peak & Potteries Waterway

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                            | To                      | Approx. distance | Comments   |
|---------------------------------|-------------------------|------------------|--|
| <b>Macclesfield Canal</b>       |                         |                  |  |
| Bosley Flight                   | Bosley Flight           | 1.7 kms          | Take extra care alongside lock flight. Do not speed.   |
| <b>Peak Forest Canal</b>        |                         |                  |  |
| Marple Flight                   | Marple Flight           | 1.7 kms          | Take extra care - this section is popular with walkers. Dismount along narrow stretches.               |
| <b>Trent &amp; Mersey Canal</b> |                         |                  |  |
| Trentham Lock                   | Harecastle Tunnel South | 12 kms           | Take extra care - this section is popular with walkers. Do not speed. Dismount along narrow stretches. |
| Harecastle Tunnel North         | Preston Brook Tunnel    | 49 kms           | Take extra care - towpath is narrow. Do not speed. Dismount when encountering other users.             |



British Waterways  
Border Counties Waterway Office  
Wharfside  
Tower Wharf  
Chester  
CH1 4EZ  
Tel: 01244 390372

## Towpaths open to cyclists

### Border Counties Waterways

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                     | To                   | Approx. distance | Comments  |
|--------------------------|----------------------|------------------|---|
| <b>Llangollen</b>        |                      |                  |   |
| Ellesmere (Br 58)        | Platt Lane (Br 44)   | 12 kms           |   |
| Tilstock Park (Br 42)    | Wrenbury (Br 20)     | 13 kms           |   |
| Hurleston (Br 1)         | Swanley (Br 8)       | 5 kms            |   |
| Irish Bridge (Br 27)     | Llangollen (Br 45)   | 9 kms            | No cycling permitted on the Pontcysyllte Aqueduct |
| <b>Montgomery</b>        |                      |                  |   |
| Lockgate (Br 70)         | Queens Head (Br 76)  | 6 kms            |   |
| <b>Shropshire Union</b>  |                      |                  |   |
| Chester (Br 115)         | Chester Zoo (Br 131) | 14 kms           |   |
| Stoak (Br 136)           | Ellesmere Port       | 5 kms            |   |
| <b>Weaver Navigation</b> |                      |                  |   |
| Acton Bridge             | Dutton Locks         | 2 kms            |   |



# Towpaths open to cyclists

British Waterways  
Middle Warehouse  
Castle quay  
Manchester  
M15 4NJ  
Tel 0161 819 5847  
Fax 0161 819 5852

## South Pennine Ring

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                                     | To             | Approx distance | Comments   |
|--|----------------|-----------------|--|
| <b>Ashton Canal</b>                      |                |                 |  |
| Ducie Street Basin                       | Portland Basin | 11.1 kms        | Take extra care - this stretch is popular with other users |
| <hr/>                                    |                |                 |  |
| <b>Rochdale Canal</b>                    |                |                 | Please refer to local office                               |
| <hr/>                                    |                |                 |  |
| <b>Huddersfield Narrow Canal</b>         |                |                 | <b>No cycling allowed</b>                                  |
| <hr/>                                    |                |                 |  |
| <b>Manchester, Bolton and Bury Canal</b> |                |                 | Please refer to local office                               |
| <hr/>                                    |                |                 |  |



**British  
Waterways**

*(Liverpool to Leeds)*

British Waterways

Lowerhouse Lane

Rosegrove

Burnley

Lancs

BB12 6HU

Tel: 01282 456978

# Towpaths Open to cyclists

## Leeds & Liverpool Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                               | To                        | Approx distance | Comments  |
|------------------------------------|---------------------------|-----------------|---|
| <b>Leeds &amp; Liverpool Canal</b> |                           |                 |   |
| Eldonian Village                   | Stanley Road (Br 2A)      | 4.4 kms         | From the Eldonian Village the path runs around the lock flight (Take extra care around lock flight). At Stanley Road, stop and dismount as towpath crosses over canal.                |
| Stanley Road (Br 2A)               | Litherland Road (Br 2J)   | 2.4 kms         | The path runs up to Litherland. Dismount and leave towpath left of road over bridge coming from Liverpool. Take care when leaving towpath.  |
| Maghull Hall Lane (Br 12)          | Methodist Swing (Br 15)   | 1.7 kms         | A largely residential area, popular with locals – do not speed and dismount at all bridges.   |
| Burscough (Br 32A)                 | Springs (Br 59A)          | 21.8 kms        | From Springs Bridge (B5238) the path goes down the Wigan flight, through the Douglas valley, exiting at Burscough. Take care during City Challenge works which is ongoing until 2002. |
| Springs (Br 59a)                   | Red Rock (Br 63)          | 3.5 kms         | Rural area passing through Haigh Country park and a towpath side mooring at Red Rock. Dismount when approaching stone arch bridges.   |
| Barracks (Br 75)                   | Botany (Br 78A)           | 2.8 kms         | This length skirts around the edge of Chorley. Dismount when approaching stone arched bridges.  |
| Hollin Bank (Br 98)                | Whitebirk Bridge (Br104B) | 4.7 kms         | Well-used towpath through Blackburn. Be aware of other users. Dismount at bridges and through Blackburn locks.  |
| Side Beet (Br 106)                 | New Barn (Br 109)         | 3 kms           | Semi-rural length passing through Rishton. Dismount at bridges and be aware of other users.   |
| Clough Bank (Br 117)               | Altham (Br 118)           | 0.75 kms        | Rural stretch with wide bank. Dismount at bridges.  |
| Gannow Tunnel–East Portal kms      | Godley (Br 103H)          | 4.5             | Passes through Burnley town centre, which is a busy stretch of towpath. Dismount at bridges and be aware of other users.  |
| Lodge (Br 134)                     | Hawks House (Br 136)      | 1 kms           | Semi-rural area, on outskirts of Burnley. Wide bank.  |

| From                        | To                       | Approx distance | Comments   |
|-----------------------------|--------------------------|-----------------|--|
| Swinden Changeline (Br 142) | Blakey (Br 144)          | 1.2 kms         | Starts and finishes either side of Barrowford locks – a popular stretch of canal. Some of this length is used by vehicles and extra care should be taken. Be aware of other users and dismount at bridges. |
| Bank Newton (Br 165)        | Gargrave (Br 172A)       | 4.3 kms         | Take extra care along lock flight - be aware of lock users. Dismount when approaching all stone arch bridges. Do not speed.  |
| Riddlesden (Br 196)         | Bingley (Br 200)         | 4.9 kms         | A largely residential area popular amongst local people - do not speed - dismount under all stone arch bridges.  |
| Bingley (Br 203)            | Saltaire (Br 207A)       | 3.0 kms         | Take extra care - a stretch regularly used by many walkers. Dismount under all stone arch bridges.   |
| ShIPLEY (Br 210)            | Apperley Bridge (Br 214) | 5.1 kms         | Take extra care - dismount under all stone arch bridges.   |
| Newlay Bridge (Br 221)      | Office Lock              | 7.3 kms         | Take extra care - dismount under all stone arch bridges - do not speed.  |

Barriers exist across the towpath at various locations to prevent use by motorcycles and cars. Cyclists sometimes have to lift their cycles over these barriers.



British Waterways  
Aldcliffe Road  
Lancaster  
LA1 1SU  
Tel: 01524 32712

## Towpaths open to cyclists

The following schedule shows which lengths of towpath are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

### Lancaster Canal

| From                           | To                         | Approx distance | Comments   |
|--------------------------------|----------------------------|-----------------|--|
| <b>Lancaster Canal</b>         |                            |                 |  |
| Preston Terminus               | Cottam Hall (Br 17)        | 3.1 kms         | You can join the path at Ashton Basin Terminus, Tulketh Brow or the access ramp in Haslam Park. Exit at Cottam Hall Bridge |
| Haverbreaks, Lancaster (Br 95) | Beaumont Turnpike (Br 110) | 4.8 kms         | Join the path from the A6 Beaumont Bridge right through the City Centre. Exit below Haverbreaks Bridge.                    |
| Nu-Way Acorn Carnforth         | Hodgson's (Br 129)         | .9 kms          | From Nu-Way Acorn Marina, A6 Carnforth go north to Hodgesons Bridge avoiding the town centre.                              |

# NORTH EAST



British Waterways  
Sawley Marina  
Sawley  
Nottinghamshire  
NG10 2AE  
Tel: 0115 973 4278

## Towpaths open to cyclists

### Grand Union Canal (North) River Soar, Grantham Canal, Nottingham & Beeston Canal, Erewash Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From   | To                       | Approx distance | Comments   |
|--|--------------------------|-----------------|--|
| <b>Grand Union Canal (Leicester Section)</b> |                          |                 |  |
| Foxton (Br 63)                               | Debdale Wharf (Br 65)    | 1.7 kms         | Take extra care - towpath is well surfaced but narrow.                     |
| Blue Banks (Br 102)                          | West Bridge, Leicester   | 8.3 kms         | Take extra care - do not speed.  |
| <b>Market Harborough Arm</b>                 |                          |                 |  |
| Market Harborough                            | Foxton Basin (Br         | 6.8 kms         | Dismount when going under bridges.   |
| <b>River Soar</b>                            |                          |                 |  |
| West Bridge, Leicester                       | Hope & Anchor Bridge     | 9.9 kms         | Take extra care - uneven grass towpath.                                    |
| Mill Lane Bridge                             | Barrow Deep Lock         | 0.6 kms         | Well surfaced towpath.   |
| Miller's Bridge, Zouch                       | Zouch Road Bridge        | 4.5 kms         | Take extra care - subject to flooding in winter.                           |
| Zouch Road Bridge                            | Redhill Lock             | 10.3 kms        | Be prepared to lift bikes over fences. Path subject to flooding in winter. |
| <b>Grantham Canal</b>                        |                          |                 |  |
| A52 West Bridgford                           | Harby                    | 25.36 kms       | Well surfaced – local council maintained                                   |
| Harby  | Woolsthorpe Top Lock     | 16.58 kms       | Rough grass to tow-path, suitable in summer only                           |
| Woolsthorpe Top Lock                         | A1 Grantham              | 16.58 kms       | Well surfaced – local council maintained                                   |
| <b>Nottingham &amp; Beeston Canal</b>        |                          |                 |  |
| Shardlow                                     | Sawley Flood Lock        | 3.3 kms         | Take extra care - the grass towpath may be uneven.                         |
| Beeston Turnover Bridge                      | Thane Road Bridge        | 1 km            | Take extra care - towpath varies in width and surface quality.             |
| <b>Erewash Canal</b>                         |                          |                 |  |
| Hallam Fields Lock                           | Dock Holme Lock          | 4.9 kms         |  |
| Dockholme Lock                               | Derby Road Bridge        | 1.6 kms         | Well surfaced - local Council maintained                                   |
| Derby Road Bridge                            | Sheet Stores Flood Gates | 2.1 kms         |  |



**British  
Waterways**

British Waterways  
The Kiln  
Mather Lane  
Newark  
Notts  
NG24 1FB  
Tel: 01636 704481

# Towpaths open to cyclists

## East Midlands Navigations

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                      | To          | Approx distance | Comments  |
|---------------------------|-------------|-----------------|---|
| <b>Chesterfield Canal</b> |             |                 |   |
| Shireoaks                 | Bracebridge | 4.6 kms         | Please note that there are plans to create towpath conditions suitable for cycling between Kiverton and Retford, though some parts of the route may be off the towpath. |



British Waterways  
Doncaster Wharf  
Greyfriars Road  
Doncaster  
South Yorkshire  
DN1 1QN  
Tel: 01302 340610

# Towpaths open to cyclists

## Sheffield & South Yorkshire Navigation

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From  | To             | Approx distance | Comments  |
|---|----------------|-----------------|---|
| <b>Sheffield &amp; South Yorkshire Navigation</b> |                |                 |   |
| Sheffield Basin                                   | Rotherham Lock | 13 kms          | Take extra care - popular with other users - do not speed |
| Mexborough  | Sprotborough   | 7 kms           |   |
| Kirk Sandall, Doncaster                           | Bramwith       | 3.5 kms         | Take extra care - popular with anglers, narrow in places  |
| <b>New Junction Canal</b>                         |                |                 |   |
| Bramwith  | Went End       | 8.5 kms         |   |
| <b>Stainforth &amp; Keadby</b>                    |                |                 |   |
| Keadby  | Bramwith       | 24.5 kms        | Take extra care - do not speed.                           |



# Towpaths open to cyclists

## Aire & Calder and North Yorkshire Navigations

### Aire and Calder

British Waterways  
Lock Lane  
Castleford  
West Yorkshire  
WF10 2LH  
Tel: 01977 554351

### North Yorkshire

British Waterways  
Naburn Lock  
Naburn  
York  
North Yorkshire  
YO1 4RU  
Tel: 01904 728229

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From  | To                        | Approx distance | Comments  |
|---|---------------------------|-----------------|---|
| <b>North Yorkshire Navigations(Selby Canal)</b> |                           |                 |   |
| Selby Lock                                      | Selby Swing Bridge        | 0.1 km          | Extra care is necessary as motor vehicles also have access to this short stretch of path.                           |
| <b>Aire and Calder Navigations</b>              |                           |                 |   |
| Bulholme  | Castleford                | 1 km            | Extra care required, dismount as towpath narrows under the bridge   |
| Lemonroyd                                       | Leeds                     | 12 kms          | Wide towpath suitable for cycling. Dismount under all bridges. Part of Trans-Pennine Trail                          |
| Woodnook  | Birkwood                  | 2.4 kms         | Take extra care - risk of pot holes   |
| Birkwood  | Stanley Ferry Road Bridge | 1 km            | Take extra care - path can be narrow in places. Grass surface is muddy at times and there may be overhanging trees. |
| Stanley Ferry Road Bridge                       | Broadreach                | 2 kms           | Take extra care - there may be pot holes in the towpath. Dismount under Harrison's Bridge.                          |
| <b>Huddersfield Broad Canal</b>                 |                           |                 |   |
| Huddersfield Lock 1                             | Aspley Basin              | 6.1 kms         | Towpath can be muddy,with a risk of pot holes. Dismount under all bridges. and watch out for overhanging trees.     |
| <b>Calder &amp; Hebble Navigation</b>           |                           |                 | No stretches open to cyclists on this waterway  |

# SCOTLAND



British Waterways  
Station Road  
Broxburn  
West Lothian  
EH52 5PG  
Tel: 01506 852578

## Towpaths open to cyclists

### Union Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                            | To                               | Approx distance | Comments  |
|---------------------------------|----------------------------------|-----------------|---|
| <b>Union Canal</b>              |                                  |                 |   |
| Lochrin Basin                   | Dumbryden Pipes                  | 5.2kms          | Path only 1.5m wide, uneven and potholed surface. Dismount at all road crossings and bridges. Path crosses Slateford Aqueduct, dismount whilst crossing aqueduct.   |
| Dumbryden Pipes                 | Sighthill Pipes                  | 1km             | Piped section of canal no tow path available for cycling.   |
| Sighthill Pipes                 | Ratho Bridge No15                | 5.9kms          | Path only 1m wide, uneven and potholed surface, can also be wet and muddy in areas, take extra care. Dismount at all road crossings and bridges.  |
| Ratho Bridge No15               | Muirend Bridge No20              | 4.5kms          | Path only 1m wide, uneven and potholed surface, can be wet and muddy in areas, take extra care. Path crosses Almond Aqueduct, dismount. Dismount at all road crossings and bridges. Leave towpath at bridge 20 and rejoin towpath at bridge 23 Drumshoreland. Towpath unpassable between bridges 20 and 23 due to M23 motorway. |
| Drumshoreland Bridge No23       | Philipston Aqueduct Bridge No 12 | 10.2kms         | Path only 1m wide, surface can be uneven and potholed. Dismount at all road crossings and bridges.  |
| Philipston Aqueduct Bridge No12 | Preston Road Bridge No 45        | 5.7kms          | Path only 1m wide, surface is uneven and potholed, can also be wet and muddy in areas, take extra care. Dismount at all road crossings and bridges.   |
| Preston Road Bridge No 45       | A801 Culverts                    | 5.9kms          | Path only 1m wide, can be uneven and potholed. Path crosses Avon Aqueduct, dismount. Dismount at all road crossings and bridges. Do not attempt to cross A801, towpath discontinued.  |
| A801 Culverts                   | Redding Bridge No56              | 3.7kms          | Path only 1m wide, surface is uneven and potholed, path can also be wet and muddy in areas. Dismount at all road crossings and bridges, Take extra care.  |
| Redding Bridge No 56            | Greenbank                        | 5.8kms          | Path only 1m wide, surface is uneven and potholed. Path runs through the Falkirk Tunnel length 695m, dismount. Dismount at all road crossings and bridges.  |

# Towpaths open to cyclists

## Forth & Clyde Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From<br>Approx<br>distance   | To                     |         | Comments  |
|------------------------------|------------------------|---------|---|
| <b>Forth and Clyde Canal</b> |                        |         |   |
| Bowling                      | Dalmuir Culverts       | 4.7 kms | Dismount at road crossings and blind bends. Path potholed in areas, take extra care.  |
| Dalmuir Culverts             | Duntreath Avenue       | 4.4 kms | Dismount at road crossings and blind bends. Path can be uneven and potholed, take extra care.   |
| Duntreath Avenue             | Lock 27                | 4.5 kms | Dismount at road crossings and blind bends. Crossing of dual carriageway required at Great Western Road, cross road at first available pedestrian crossing and rejoin on other side. Path is uneven and potholed, take extra care.                          |
| Lock 27                      | Lambhill Bridge        | 6.3 kms | Dismount at road crossings and blind bends. Path can be uneven and potholed. At canal junction leave towpath via access ramp, go under canal aqueduct (take extra care single lane traffic under aqueduct) rejoin towpath on opposite side via access ramp. |
| Lambhill Bridge              | Balmuildy Bridge       | 3.5 kms | Uneven surface and width, path potholed and muddy in areas. Dismount at road crossings.   |
| Balmuildy Bridge<br>kms      | Lock 16                | 25.2    | Path narrow at Twechar, take extra care. Dismount at road crossings and blind bends. Path potholed and has uneven surface.  |
| Lock 16                      | Lock 4                 | 3.5 kms | This stretch of towpath is unsuitable for cycling.  |
| Port Dundas                  | Stockingfield Junction | 3.9 kms | Dismount at road crossings and blind bends. Path has uneven surface and can be potholed.  |



**British  
Waterways**

British Waterways  
Pier Square  
Ardrishaig  
Lochgilphead  
Argyll  
PA30 8DZ  
Tel: 01546 603210

# Towpaths open to cyclists

## Crinan Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From<br>Approx<br>distance               | To               |         | Comments   |
|--|------------------|---------|--|
| <b>Crinan Canal</b>                      |                  |         |  |
| Loch 4 Ardrishaig<br>(Working side)      | Oakfield Bridge  | 3.0 kms |  |
| Oakfield Br<br>Lochgilphead<br>(towpath) | Lock 5 Cairnbaan | 4.2 kms | Take extra care - towpath may be rutted and muddy if wet.                                  |
| Lock 5 Cairnbaan<br>towpath              | Lock 11 Dunardy  | 1.7 kms |  |
| Lock 11 Dunardy<br>towpath               | Crinan Bridge    | 3.5 kms | Take extra care - towpath may be muddy if wet. Narrow 500 metres east of Bellanoch bridge. |
| Crinan Bridge                            | Crinan Sea Locks | 1.5 kms |  |



British Waterways  
Canal Office  
Seaport Marina  
Muirtown Basin  
Inverness  
IV3 5LS  
Tel: 01463 233140

## Towpaths open to cyclists

### Caledonian Canal

The following schedule shows which lengths of towing path are open to cyclists. Please cycle with great care and courtesy to others, observing the Waterways Code for Cyclists. You must display a valid British Waterways permit on your cycle at all times.

| From                      | To                           | Approx distance | Comments   |
|---------------------------|------------------------------|-----------------|--|
| <b>Caledonian Canal</b>   |                              |                 |  |
| Corpach Sea Lock South    | Banavie Bottom Lock South    | 1.8 kms         | Take extra care - risk of pot holes.                                     |
| Banavie Bottom Lock South | Gairlochy Road Bridge        | 10.1 kms        | Take extra care - risk of pot holes,. No cycling alongside lock flights. |
| Aberchalder Bridge North  | Fort Augustus Flight         | 7.5 kms         | Take extra care - risk of pot holes. No cycling alongside lock flights.  |
| Dochgarroch Lock South    | Muirtown Flight Bottom South | 7.9 kms         | Take extra care - risk of pot holes. No cycling alongside lock flights.  |
| Tomnahurich Bridge        | Muirtown Flight Bottom North | 2.2 kms         | Take extra care - risk of pot holes.                                     |