



SITE BREW KIT

Mugs
Tea spoons
Teapot

Tea-bags
Coffee
Sugar
Milk

Biscuits

Water Container (filled!)

Burco and gas bottle

Squash (diluted and undiluted)



LUNCH (for 25ish bods)

1. wipe down tables with dettox spray
2. put 6 eggs onto boil for 10 minutes, then drain and cool under running water before shelling for egg mayo
3. butter bread (7 loaves) / halve and butter rolls (72), leaving 8 rounds/rolls unbuttered
4. fill with a selection from:

cheese	sausage / bacon
ham	mushroom pate / hummous
chicken	peanut butter
tuna mayo	jam
egg mayo	marmite
5. wrap well in clingfilm & label
6. make up a box of salad (lettuce, cucumber, tomatoes)
7. assemble lunch box with: pickle

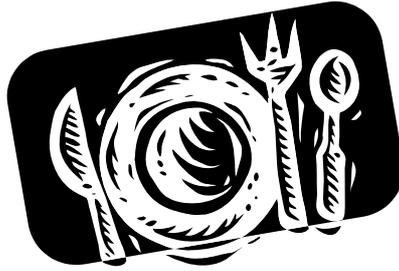
salad cream / mayo
crisps
fruit
cake / chocolate biscuits
knives
8. wipe tables and wash-up!



EVENING WASHING-UP

Nothing is more annoying than getting up to cook breakfast to find the remains of last night's dinner lying all round the kitchen. So here's a checklist of the tasks that need to be done and will help to keep the cook happy!

- 1) Throw away any food left over from dinner
- 2) Wash and dry ALL plates, bowls, mugs and cutlery used for dinner
 - check the tables are clear and wiped clean
 - put them away (in big wooden box / wherever they're being kept)
- 3) Wash and dry ALL saucepans, trays and other cooking equipment that has been used
 - if something is BADLY stuck leave it in soak overnight
 - put clean equipment back in the red curver boxes
- 4) Check site brew kit has been washed up and any left over sandwiches thrown away
- 5) Wipe down all work top surfaces in the kitchen
 - put tea towels to dry (on top of Burco / on washing line)



BREAKFAST (for 8:00)

7:00

put oven on at Gas 5/200C
switch griddle onto 4 to heat up
put sausages in trays in oven

7:15

cook bacon on griddle then
cover with foil and place to keep warm at bottom of oven
slice/quarter mushrooms; place in saucepan with a splash of oil

7:30

open tins of beans; pour into saucepan
put veggie waffles in oven

7:45

turn on heat under beans and mushrooms
scrape griddle then fry eggs

QUANTITIES:	32 sausages	32 rashers bacon
(for 25ish)	4x400g/2x800g cans beans	24 eggs
	2 waffles per veggie	